The Waves of Tory, Tonnai Thoraigh
~ 2-1/2 x 32 reel, longways progressive proper

The Formation: About 8 men in a line face the same number of women per set. The left shoulder of 1st man is toward the music. Divide them into groups of 2 couples. Any single couple left over at the end dances as if it were 2 couples.

(8) **Advance & Retire** twice.

(8) **Right Hand Star & Left Hand Back** in each group of 2 couples.

(16) **Advance & Retire** twice, **Star Left, Star Right**.

(16) **Promenade**.

or Couples lead up to the top, cast off as a couple to the right at the top. Dance outside and down the set behind the ladies' line to the bottom and back up to place.

(24) **Cast off & Arch** (Progression).

Everyone faces up, takes the inside hand of their partner and leads up and casts off at the top on their own side and dances to the bottom followed by everyone in turn. At the bottom, the 1st couple makes a two handed arch and the 2nd couple dances under the arch and immediately makes a second arch. Everyone else follows under the arches and dances up the set.

The foursome which started the dance in 2nd place is now at the top and the dance is repeated. Do until every set of 2 couples has been to the top at least once.

**Caller's Notes for The Waves of Tory:**

(16) **Advance, Retire** (twice), and **Star Right**.

(16) **Advance, Retire** (twice), and **Star Left**.

(~24) **Promenade**.

(~32) **Tonnai Thoraigh**, (Dip & Dive, Waves) (over at the top).

(~24) **Cast off & Arch**.