

The Five-Hand Reel

An 8-1/4 x 32 bar reel for two men facing three women composed by Erica Lynn Frank, 1995.

- (8) **Advance & Turn Back, with Arches.**
 - (4) Forward; ladies make arches while men go under; all turn back by Right; lines end facing each other.
 - (4) Repeat.
- (24) **Circle & Swing.**
 - (8) 1st trio (Left man, Right & middle ladies) Circle Right and Left; other couple swings in place (long swing).
 - (8) 2nd trio (Right man, Left & middle ladies) repeat; other couple swings in place.
 - (8) 3rd trio (Middle lady & both men) repeat; other ladies Slipsides.
- (24) **Men's Chain, Around the House.**
 - (4) Men turn lady on their Left by Right hand and return home.
 - (4) Men turn lady on their Right by Left hand and return home.
 - (8) 1st trio & other couple Around the House.
 - (8) 2nd trio & other couple Around the House.
- (24) **Heys for 3.**
 - (8) 1st trio: Middle lady gives Left shoulder to Left man to start a Hey on one side of the dance; other couple Slipsides.
 - (8) 2nd trio: Middle lady gives Right shoulder to Right man to start a Hey on other side of the dance; other couple Slipsides.
 - (8) 3rd trio: Middle lady goes between both men and turns Right to start the Hey; other ladies Uillinn in Uillinn by Right, back by Left.

- (8) Switch and Advance & Retire.**
- (2) Middle lady & Right lady 1/2 turn by Right. Men Uillinn in Uillinn by Right.
- (2) Right lady & Left lady 1/2 turn by Right. Men Uillinn in Uillinn back by Left. Ladies are in new positions.
- (4) All Advance & Retire.
- (176) Repeat whole dance twice more.**

Caller's Notes for The Five-Hand Reel

- (8) Advance & Turn Back, with Arches.**
- (24) Circle & Swing.**
- (24) Men's Chain, Around the House.**
- (24) Heys for 3.**
- (8) Switch and Advance & Retire.**
- (176) Repeat whole dance twice more.**