

Berkeley Set (or Polka Set)

Polkas and reels; 8-hand square sets, composed by Terry O'Neal.

(16) Opening: **Lead Around & Back.**

(16) Body: **Polka.**

(1) All polka in to the center.

(1) All polka out to place.

(2) All polka around to the next position to the Right.

(12) Repeat 3 more times to place.

(??) **Any figure you know.**

(16) **Polka.**

(??) **Any figure you know.**

(16) **Polka.**

Etc.

(16) **Polka.**

(16) Closing: **Lead Around & Back.**

These figures are popular:

Figures for 4-hands:

The order is: Heads (They have their backs or faces to the music),
Sides,
1st corners (each head man and his corner),
2nd corners (each side man and his corner),
Heads and 1st sides (heads turn Right, sides turn Left),
Heads and 2nd sides (heads turn Left, sides turn Right),
Men then Ladies or
Ladies then Men.

Be sensible; some of these combinations don't work for some figures or some dancers.

Circle, Star. Alternate direction or hand.

Star-Pull Through. Right hand first always.

Irish Chain, Scots Chain. Alternate.

Men's Chain, Ladies' Chain.

Hey for 4. Start by men passing Left shoulder in the center;
Ladies casting right into their partner's place.

Telescope-Star. Right hand first always.

Quick Square.

Angle-Saxon Hey. (Not on the corners!)

Telescope.

Irish Square.

Men Go Back-to-Back. Followed by an **Around the House.**

Celtic Cross.

Figures for 8-hands:

Couple Slipsides as in the High Caul Cap or the Morris Reel.

Ladies' and then **Men's Interlace** as in the High Caul Cap.

Circular Sheepskin Hey: 1st man cast and weave the set, followed by each dancer he has weaved in turn. Each dancer starts by casting Left and behind the dancer on their Right. Then he/she dances into the center when it's next possible and out of the set through the next hole; etc to place. Try 2 bars per start and move fast, or 4 bars per start and move easily.

Return Chain.

Thread the Needle as in the Sweets of May.

The Rose as in the Bonfire Dance.

Some "Grand" figures:

Grand Celtic Cross (Celtic Crash):

- (1) All men pass right shoulders in the center.
- (1) Turn Right, and dance out to the place of the next lady on their Right. Meanwhile the ladies cast Right into their partner's place.
- (14) Repeat, alternating men and women through the center. Ladies dash for place at the end.

Grand Ladies' Chain.

Grand Heys for 4:

- (8) Ladies 1/2 Right-Hand Star. Ladies full Left Hand Star back to face opposite and give him your Right shoulder.
- (8) All Hey at once, all passing Left shoulders in the center at once.

Grand Scots-Irish Chain: Heads do Scots; Sides do Irish.

Other way back!

Grand Quick Square: Heads start it in reverse, sides do a regular quick square. Dance small on the sides and *big* across the center. Other way back!
The faint of heart do a Grand Irish square followed by a Grand Quick Square back.