

Selenger's Reel

A 32 bar reel for as many people as will in a circle.

Composed 21 July 2016 by Stanford Ceili.

Irish ceili variant of Selenger's Round.

This dance consists of dancers in a circle repeating the same dance until the music ends. There are no partners and there is no progression. The original dance, Selenger's Round, is traditionally danced to music that accelerates after each repetition.

(8) **Ring Left and Right.**

(8) **Advance and Retire, Set, and Turn.**

(4) Advance & Retire once.¹

(2) Set.

(2) Turn In Place² over Right shoulder.

(16) **Repeat**, in opposite directions. Ring Right and Left, and Turn over Left shoulder.³

Caller's Notes for Selenger's Reel:

(8) **Ring Left and Right.**

(8) **Advance and Retire, Set, and Turn.**

(16) **Repeat**, in opposite directions.

Adapted from the English Country dance, Selenger's Round, by Bob Carragher, Rebecca Chung, Michael "Firefly" Perry, and Kunal Sahasrabudde. The goal was to create a simple "Dance For Everyone" that would be easy to learn for a group of people with little or no dance experience.

¹Dancers traditionally clap on beats 2 and 3 of the second and fourth bars.

²For safety, do not Cast.

³Note: there is no second circling in Selenger's Round.